



# FITFEMALE

Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
	9:30 AM Pilates Reni		9:00 AM Yoga Reni	11:00 AM Zumba Jevon	9:00 AM Pilates Reni
6:00 PM Strong Jacalyn	10:00 AM Aqua Reni		10:00 AM Aqua Catherine	11:30 AM Express Tone Jevon	10:00 AM Yoga Pauline
6:30 PM Booty Zone Jacalyn	6:00 PM Zumba Sara	6:30 PM Barre Sara		We are closed 1pm- Mon-Fri sanitize	Club Hours Mon-Thurs 8am-1pm 3pm-9pm
	6:30 PM Arms & Abs Sara				Friday 8am-1pm 3pm-5pm
					Sat-Sun 9am-2pm
	*Addition Cost				